

Medical Standards Coast Guard Assistant Commandant entry

All candidates recommended by Final Selection Board will undergo Medical examination at Base Hospital Delhi Cantt as per medical standard prescribed in current regulations applicable to Assistant Commandant entry. The prescribed/current medical standards are as follows:-

(a) **Height.**

(i) **Asst Commandant (GD) and Tech.** 157 cms minimum. Reduction in height for candidates from hilly areas and tribal areas will be in accordance with the Central Govt. regulations.

(b) **Weight.** - Proportionate to the Height and Age, + 10 % acceptable.

(c) **Chest** - Well proportionate, minimum expansion 5 cms.

(d) **Eye Sight.**

(i) Asst Commandant (GD) 6/6 6/9 - Uncorrected without Glass.

6/6 6/6 - Corrected with Glass.

(ii) Asst Commandant (Tech) 6/36 6/36 - Uncorrected without Glass.

6/6 6/6 - Corrected with Glass.

(e) **Tattoo.** Permanent body tattoos are not permitted on any part of the body. However, certain concessions are permitted to candidates belonging to tribal areas/communities as declared by the Govt. of India. For other candidates permanent body tattoos are only permitted on inner face of forearms i.e. from inside of elbow to the wrist and on the reverse side of palm/back (dorsal) side of hand. Details in this regard are available on the Indian Coast Guard Recruitment Website <https://joinindiancoastguard.cdac.in>.

Note.

(i) The above mentioned requirements are broad medical guidelines/standards only. However, in addition to above, the complete medical will be carried out by the laid down medical standard/procedure.

(ii) Candidates are advised to get their ears cleaned for wax and tartar removed from teeth prior to medical examination.

(iii) The candidates claiming height relaxation are to submit domicile certificate to the medical officer. Failure to submit the domicile certificate will lead to non-waiver of height relaxation.

(iv) Candidates with above Medical standards are only to appear for the selection. No waiver will be given for the above standards. The Coast Guard Order on respective medical standard of Assistant Commandant Entry will be the final authority.

(v) RMB is the final authority with respect to the candidate's medicals. **Candidates completing SMB/AMB/RMB beyond the date of induction at INA will not be eligible for induction in the instant batch or forthcoming batch.** Such candidates, will have to apply afresh for the subsequent batch and go through the complete recruitment cycle, subject to fulfilling the eligibility criteria.